# Emerging Leader Training Series

- Session 1: The New Leader
- Session 2: Communication Styles
- Session 3: Emotional Intelligence
- Session 4: Communication Strategies
- Session 5: Time Management, Goals, and Decision-Making
- Session 6: Team Dynamics and Growing as a Leader

Clackamas Community College



Elevate your talents and expand your connections with our customized series crafted for the aspiring leaders of today's ever-evolving workplace.

\*Six 4-hour sessions

We Listen | We Deliver | We Make it Easy

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#### The New Leader:

The shift from an independent contributor to a leader is significant. This session is foundational to the entire series' content. In this workshop participants will get to know each other as they begin this learning journey together.

### **Communication Styles:**

The session uses a behavioral style assessment that will help the emerging leader understand and learn about their own style and enable them to learn how to identify and manage their team members with different communication preferences, needs, and priorities. Foundational insights gained here will contribute to the learning of the remaining sessions in this series.

#### Understanding Emotional Intelligence:

Identified as one of the most critical leadership skills, emotional intelligence leads to improved talent retention, more effective and efficient workplace productivity, and valued workplace relationships. It is the ability to understand and manage our own emotions and recognize and influence the emotions of those around us. Individuals with high emotional intelligence are more likely to stay calm under pressure, resolve conflict effectively, and respond to others with empathy.

### **Communication Strategies:**

This session will bring together what has been learned in the earlier sessions of "Communication Styles" and "Understanding Emotional Intelligence". The topics of 'trust' and 'effective listening' are discussed to then address leadership responsibilities such as holding others accountable, performance development, delegation, difficult discussions, and more.

# Time Management, Goals & Decision Making:

This course provides overviews of how we plan and manage time around the priorities of our goals and strategies. Whether organizational, departmental, even personal, leaders also learn that time management is more than making lists, but rather making good decisions, communicating effectively, and recognizing what they can control, influence, and cannot control.

## Team Dynamics & Growing as a Leader:

This session brings all of the sessions together. This workshop is designed to challenge participants to consider and create a vision of what they aspire their team to be and what kind of leader they choose to be in order to arrive at that vision. It will explore elements of a 'team' as well as review what these leaders have learned about themselves through this learning journey.